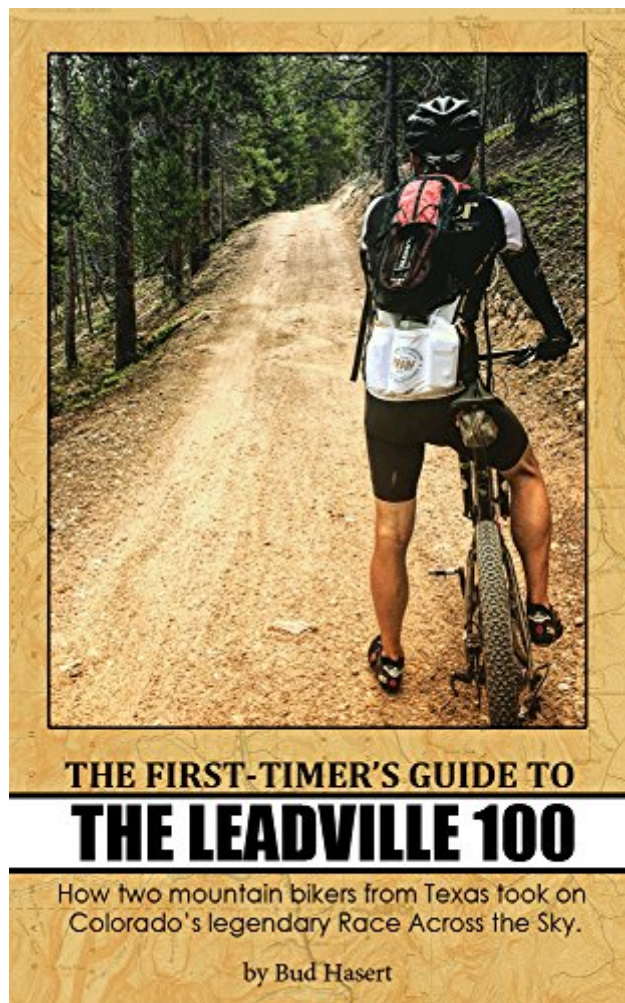


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The First-Timer's Guide To The Leadville 100: How Two Mountain Bikers From Texas Took On Colorado's Legendary Race Across The Sky



Synopsis

After 20 years of talking about it, life-long friends Bud Hasert and Joel Hinkhouse finally qualified for, trained for, raced in and completed the 2015 Leadville Trail 100 MTB, an epic 100-mile mountain bike race at 10,000 feet in Leadville, Colorado. But their path was not without their fair share of mistakes, setbacks, successes and failures. In this book, you will see how these two Texans aspired, planned, prepared, and finished the "Race Across The Sky." It is not a training plan. Instead, this book is meant to inspire you to prepare to climb YOUR OWN Leadville, whether it's actually Leadville or not. Much of what is shared will dissolve some of the unknowns about America's premier mountain bike race. Questions that they had in their preparation and on race day are answered here. These stories will encourage you to follow your passion toward its peak. And once you get to that peak, keep climbing!

Book Information

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Customer Reviews

Great story and the lifetime that lead up to this years race! In 1975 I myself received a bright green 3 speed bike for xmas so I can relate to not getting that "bmx bike" ;) Was @ Leadville in 2014 and 2015 and hope to be back in 2016 ...And though this book does not claim to be a training guide it

does offer invaluable information to those first timers that they just may not get without hearing from previous event participants so It's easily worth the cost of the book if you plan to do this race even if you only take away one learned thing from the book when you think of how much of an investment there is with getting to the starting line waiting to hear the sound of the gun at the start

I just finished this book last night. Easy reading. I will be doing my first Leadville race in August and found it helpful in my prep. Now I need to have my support crew read it as well. Update, Bought two more copies for my support crew to have. Follow Zilker racing on FB for more inspiration as well. A must have book. Thanks again for writing this guide. Update....I finished the 2016 LT 100 in 12:36....missed my buckle but will be back in 2017 to get it! I bought 3 copies of this book. 1 for myself, then ordered 2 more for my support crew. One of my support crew ended up getting in the race and did get a buckle I made the pipeline return cutoff by 3 minutes. Having been prepared saved my finish. This book was very helpful and is a must for the first timer and his/her family. Thanks again!!

What a Great book. This book was the perfect mix of educational, inspirational and entertaining. I couldn't put it down. I could really connect with the journey, both physically and emotionally. This book epitomizes aspirations that I have (the difference may be my lack of ability). I ordered this book and received it on a Friday afternoon. I finished it by the time the weekend was complete. The Leadville 100, for many mountain bikers, is the pinnacle of achievement. This book had a very engaging way of telling the story about how two guys from Texas achieved this goal. It gave me hope that through hard work, great preparation, good friends / support, and belief in yourself you can accomplish anything. GREAT JOB Guys!!!

Bought this book as gift for a family member who was curious about the Leadville 100. He devoured it in a day and said "It's pretty much exactly what I wanted to read about it, and how I wanted it to be written." He thought the book was very funny and he liked the side notes about trails around Austin, many of which he was unaware of but now wants to try. Great book - would buy it for any mountain biker I know!

This was such an enjoyable book! It's peppered with lots of funny anecdotes, which makes it easy to read yet still informative. Although I'm not a mountain biker, just a mountain biker's wife, this book still really helped me get a true understanding of what training for a race like this looks like, as well

as a good taste of the race itself. I would definitely recommend this book to anyone who might be considering Leadville for the first time and who wants a bit of perspective from someone who has a passion for the sport and a longtime desire to conquer this race. Also, being a runner myself, I think other non-professional athletes would truly appreciate the sentiments of this book as well, knowing that the chase of a difficult goal is what ultimately keeps us going!

I laughed. I cried. Then I got hungry so I had a snack. Followed by a nap. But when I woke up, I was still inspired so I went for a bike ride. I hope you will too!

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